

## Courses and Trips November 2010

Here are some proposed dates for courses. Please email [canoe@vckc.ca](mailto:canoe@vckc.ca) and let me know which courses you are interested in. We are able to offer more courses this fall if there are enough people who would like to take them.

### Flatwater Level 3 Advanced Tandem

November 6/7

If you are interested in becoming a flatwater or moving water instructor, please contact Ellie James directly at [ejames@bgcvcic.org](mailto:ejames@bgcvcic.org). If there are sufficient numbers a course will be put on.

**Canoe/Kayak Flatwater** trips are planned for Saturday, November 6 and Sunday, November 21.

Usual arrangements:

- \* Meet in the parking lot by the Clubhouse at 9:00 am;
- \* Call or e-mail Linda and Alan Thomson by the Thursday evening before a trip if you would like to take part. And let me know if you need a boat or partner;
- \* Check the weather forecast for likely wind and rain conditions (250) 363-6717 or -6880 by telephone or the Environment Canada Internet forecast. Bring clothing suitable to the day;
- \* Bring lunch and hot drinks, too.
- \* The Club's website ([click here](#)) tells you what is expected of trip participants.

Trip destinations have not been chosen and will, as always, depend on the weather forecasts. If you have any favourite trip you'd like to suggest, let Alan know. A reminder note will be e-mailed to all section members the weekend before the planned trip. Alan Thomson's email: [3135thom@islandnet.com](mailto:3135thom@islandnet.com).

### Moving Water Trip

Thursday, November 11

Once again VCKC will offer a Remembrance Day observance and paddle on the Cowichan River. Water levels are returning to normal fall levels and hopefully

will be suitable for a voyageur canoe. Everyone must have a wet or dry suit and a helmet, in addition to the usual PFD and paddle.

The meeting place for this moving water trip will be at the Clubhouse, not the usual Millstream Park and Ride as we will need everyone to help move the big boats.

Time – 8:30 am at the Clubhouse parking lot; 9:30 am at Serious Coffee in Duncan; 10 am at Stoltz Pool. The plan is, as usual, to observe two minutes silence at the Burma Start memorial at 11 am.

Please contact Tim Marks at [timmarks@telus.net](mailto:timmarks@telus.net) if you wish to paddle in the Voyager.

Tandem and solo canoes are welcome, of course.

Please contact Tom Staebell at [thestaebellfamily@shaw.ca](mailto:thestaebellfamily@shaw.ca) or 250-655-7113 if you plan to take part.

Paddlers must have passed a Moving Water course and be properly equipped—canoe with airbags, bailer, painters, throw bag, as well as a helmet and wet or dry suit.