

## Trips and Courses – November 2009

### **Canoe Trips**

#### **Flatwater**

Due to conflicts with canoe courses, the next flatwater paddle will be on Sunday, November 15th.

Usual arrangements:

- \* Meet in the parking lot by the Clubhouse at 9 am;
- \* Call or e-mail Linda and Alan Thomson by the evening of Thursday November 12 if you would like to take part, and let me know if you need a boat or partner;
- \* Check the weather forecast for likely wind and rain conditions (250) 363-6717 or -6880 by telephone or the Environment Canada [Internet forecast](#) - and bring clothing suitable to the day;
- \* Bring lunch and hot drinks, too.
- \* The Club's website ([click here](#)) tells you what is expected of trip participants.

A second flatwater trip is planned for **Saturday, November 28.**

Trip destinations have not been chosen and will, as always, depend on the weather forecasts. If you have any favourite trip you'd like to suggest, let me know.

A reminder note will be e-mailed to all section members the weekend before the planned trip.

#### **Moving Water**

Here comes the "river food"! Though some may call it rain (or worse), it signals the start of the moving water season. We'll start this year with our Remembrance Day observance at the Burma Memorial at Stoltz and finish at Vimy. After that the trips will depend on water levels and what the group is into. Here are the proposed dates although feel free to initiate a paddle any time.

Wednesday, November 11 (additional notes below)

Saturday, November 21

Sunday, November 29

Saturday, December 12

Sunday, December 27

All the details same as last year, 8:30 Millstream etc. A brief email reply is helpful to ensure we will wait if you might be a minute or two late or to call you in the event of a cancellation and save an

unnecessary trip to the p&r. If you are no longer interested in participating drop me a reply to that effect and the harassment will stop otherwise it's "game on". Club boats are available for rental use by moving water course graduates but give me a call to make sure one is available. Sometimes a tandem seat will open up if you need a partner. See you on the river!

Tom Staebell

### **Courses**

#### **Moving Water Level 2 (solo)**

Saturday, Nov. 7 & Sunday, Nov. 8

To register for Moving Water courses, contact Tom Staebell: [thestaebellfamily@shaw.ca](mailto:thestaebellfamily@shaw.ca)

Res: 250-655-7113  
Cell: 250-588-2207

#### **Remembrance Day Trip**

**Wednesday, November 11**

The traditional VCKC Remembrance Day paddle on the Cowichan will take place if water levels allow.

Voyageur canoes will be taken if demand warrants. Please let Alan Thomson know if you would like to paddle in one of these big canoes so that the right number of boats can be taken.

Moving Water skills are not required, but are desirable. Everyone must have a wet or dry suit and a helmet, in addition to the usual PFD and paddle.

The meeting place for this moving water trip will be at the Clubhouse, not the usual Millstream Park and Ride as we will need everyone to help move the big boats.

Time - 8:30 am at the Clubhouse parking lot; 9:30 am at Serious Coffee in Duncan; 10 am at Stoltz Pool. The plan is, as usual, to observe two minutes silence at the Burma Start memorial at 11 am.

Note that there are some log jams on the Cowichan below Stoltz. If these are not washed away by the November 11, we will paddle another section of the river (e.g. Lake to Skutz or Sandy Pool to Duncan).

Tandem and solo canoes are welcome, of course. Please let Alan know if you plan to take part. Paddlers must have passed a Moving Water course and be properly equipped – canoe with airbags, bailer, painters, throwbag, as well as helmet and wet or dry suit.

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