

## Trips and Courses – October 2009

### Canoe Trips

The next trip will be on **Sunday October 4**. The likely destination is Sooke Basin. Contact Linda Thomson at 250-592-4170 or e-mail 3135thom@islandnet.com by the evening of Thursday October 1 if you plan to take part. Let us know if you need partner and/or boat. Kayak program members are welcome to take part.

See the Club website at <http://www.vckc.ca/canoe/index.htm> for details on expected equipment and preparation.

(Yes, I know the trip is out of sequence - should be on a Saturday but there is a Lakewater course that day. If anyone is willing to lead a trip on the weekend of October 17–18, please step forward: Joy, Linda and Alan are all committed elsewhere that weekend.)

### Courses

#### Lakewater Level 1 (tandem)

Friday, Oct. 2 - 6:00 pm - 8:00  
(registration and classroom session)

Saturday, Oct. 3 - 8:30 - 4:00  
(on-the-water instruction)

Sunday, Oct. 4 - 8:00 - 10:00  
(canoe-over-canoe rescue session)

#### Lakewater Level 2 (solo)

Sunday, Oct. 4 - 10:00 - 4:30

To register for the above courses: e-mail [canoe@vckc.ca](mailto:canoe@vckc.ca).

#### Moving Water Level 1 (tandem)

Saturday, Oct. 24 & Sunday, Oct. 25

#### Moving Water Level 2 (solo)

Saturday, Nov. 7 & Sunday, Nov. 8

To register for Moving Water courses, contact Tom Staebell: [thestaebellfamily@shaw.ca](mailto:thestaebellfamily@shaw.ca)

### Big Canoe Course Saturday, October 31 and Sunday November 1

The first Big Canoe Advanced Paddler (Stern Paddler) course will be held at the Club on the weekend of Halloween. The course is intended to train paddlers to safely stern the voyageur canoes and to manage the crews and the general use of these larger canoes. The course is being taught by Dave Wooldridge, a Master Instructor from Maple Ridge, assisted by Alan Thomson from the Club. Cost of the course is \$100 for the two days. The Basic Tandem Lakewater Canoe course (Level 1) is a prerequisite qualification; Level 3, Advanced Tandem Lakewater canoeing, is desirable.

Members who have sterned the Club's voyageur canoes are encouraged to take this course to add to their skills and learn from an expert. Dave has taught hundreds of paddlers to paddle big canoes and over 100 people to stern them. Highly recommended. The course will be limited to 18 paddlers and is being advertised to a number of local schools and organizations that use these large canoes.

Contact Alan Thomson 250-592-4170 or e-mail 3135thom@islandnet.com.

