



Victoria Canoe and Kayak Club

Newsletter

May 2015

Victoria Canoe & Kayak Club 355 Gorge Road West Victoria, B.C. V9A 1M9

Phone: 250-590-8193 (Info only) Website: www.vckc.ca

Victoria Canoe and Kayak Club General Meeting Tuesday, May 5, 2015 at 7:30 p.m.

Notices

VCKC Parking Alert

A letter dated April 15 was delivered to VCKC from the businesses at 300 Gorge and 2900, 2901 and 2904 Tillicum.

"On the evening when your rowers meet, our parking lot is being used for their parking. These parking spaces are for the use of the mall customers and when we do not have spaces for our customers to park our business are suffering." The letter continues with a request to ask our members to use the mall parking only when they are patronizing the mall.

As President, I will hand deliver an apology to each merchant, which will state that our members are informed on an ongoing basis by warning signage that their vehicles will be towed and with approved overflow parking information in our newsletter on a regular basis. Furthermore, the letter will state that our members will be reminded and the leaders will be informed of the disadvantage that we are to our neighbours, asking that all paddlers at the club are reminded to respect our neighbours.

I will encourage them to tow vehicles that are not complying with the parking signage.

VCKC Overflow Parking

The lot adjacent to VCKC is part of Saanich Parks. It is used by parents of children playing in the playground, by many people walking along the Gorge, as well as by us. When arriving in big groups please ensure that at least half a dozen spaces are left for other users. VCKC members may park at the rear of the Imperial Hallmark Cleaners (2922 Tillicum Rd) Drycleaners lot. In order to keep the drycleaning business parking area open, please park by:

- First filling up the space behind the building,
- Then park beside the trees on the west side of the lot. Preferably all VCKC vehicles will be parked south of the front side of the building.
- Overflow VCKC vehicles may continue along the west side by the trees, if necessary.
- Under no circumstance use any parking spaces in front of the building when there may be customers stopping by.

EXECUTIVE NEWS

VCKC VOLUNTEERS AT WORK AND PLAY

May General Meeting

Ellie James will lead a presentation on preparing for your summer canoe camping trips. Experienced trippers and club members will discuss planning food and/or gear for extended paddling trips.

Planning the New VCKC Website

Victoria Mann, our Webmaster (victoriavckc@gmail.com) will clean up the existing database relating to certification and work with the program directors to determine appropriate governing bodies. On Tuesday May 5th before the General meeting she will present a WebX presentation of the planned new website to the Executive. If you arrive early, please allow the executive to continue with their electronic meeting.

Summer Barbecues

The executive agreed to organize club barbecues this summer. Darrelle Butler (marathon@vckc.ca) will arrange a fun get together in July and Judy Leonard will plan the August get together. Look for a detailed announcement in June Newsletter. Clubhouse and Gorge Waterway Clean Up Sandy Rattray (clubhouse@vckc.ca) and Don Munroe (voyageurguy@shaw.ca) are organizing the clean-up day on Sat April 25th. This annual volunteer event begins at 9:00 a.m. and ends about 1:00 p.m.

Youth in the Community

Saanich Parks and Recreation Youth Development Strategy is holding a strategy planning meeting Tim Marks and daughter Dawn will represent VCKC.

Iron-Man

Jennifer Yee has 14 of the 20 needed volunteers. Anyone wishing to participate on Sunday, June 14th please contact Jennifer as soon as possible at director2@vckc.ca

GWJ

Derek Jenkins (storage@vckc.ca) attended the meeting with Don Monroe (voyageurguy@shaw.ca). We are happy to have two representatives involved in the Gorge Waterway Initiatives group.

INCOME AND EXPENSES

Instructor/Coach Certification Reimbursement

The Instructor/Coach Reimbursement Committee recommendations were accepted by the executive. VCKC Policies and Procedures will now read:

All Active Instructors/Coaches may be reimbursed for the costs of instructor/coach re-certification courses.

All Club members who take and pass an instructor/coaching course may be reimbursed 50% of the costs of the course up to \$300.00 after instructing one VCKC course for the type of paddling within the 12 months following the course or coaching a team for one season.

All club instructors/coaches may be reimbursed for 50% of their annual certification fee after instructing/coaching one VCKC course/season for the type of paddling within the 12 months following the course.

(If a club member is unable to pay etc: this part of the Policies and Procedures is unchanged.)

Instructor and Coach Cost Reimbursement

The Executive approved the formation of a committee to look at reimbursement of the costs incurred by instructors and coaches whilst instructing/coaching for VCKC. Dan Walker(chair), Linda Thomson, Darrelle Butler and Judy Leonard will be on the committee.

Sponsorship/Fundraising for Dragonboat Teams

The executive confirmed that all fundraising must have a clear purpose or goal, involve the team members, be agreed upon by them. Furthermore, each DB team will have a team treasurer who will not have other team duties, and works in conjunction with the program directors and the treasurer of VCKC. Written records of all monies must be kept. Any team bank account must have the team treasurer, and both VCKC Dragonboat Program Directors as signing officers, with two signatures required on each transaction.

All sponsorships must go through the program directors to the Executive for approval. Other fundraising must be approved by the program directors and the Officers of the club, who may take it to the Executive if deemed appropriate.

MARATHON PROGRAM

Switchblade Paddlesport Relay Race - May 17th

What are you doing for the May Long Weekend? Why not come out and support VCKC's Switchblade Paddlesport Relay Race!

This exciting event takes place on Sunday, May 17th. Help make this year's event a success by entering a team, volunteering or spectating.

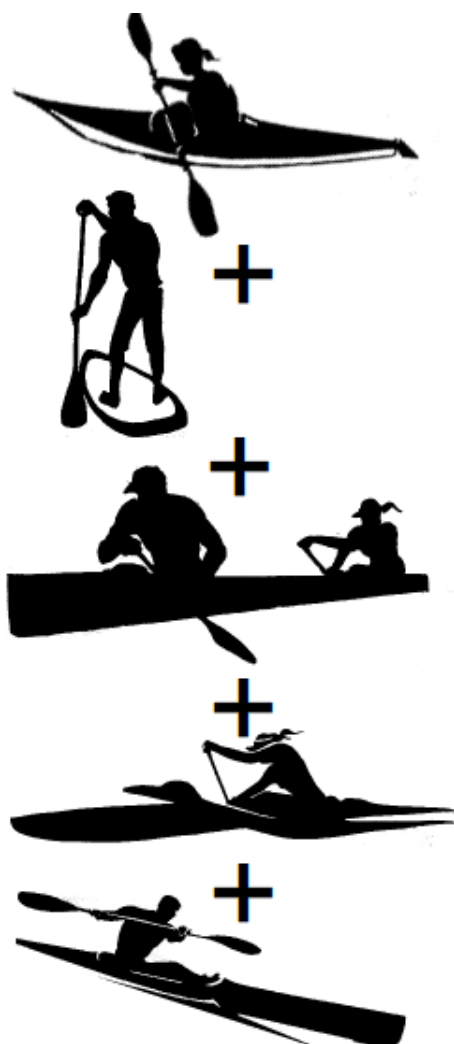
Teams: Made up of 6 individual's. 1 kayaker, 1 SUP paddler, 2 in a tandem marathon canoe, 1 OC1 paddler and 1 surf ski paddler, then all 6 paddle the final leg together in an OC6. Register online at: vckc.ca. Keep an eye on the VCKC website for details and course maps.

Volunteers: This race is a relay which starts at VCKC and ends with dinner in the Clubhouse. Racers paddle in the Gorge Waterway, Portage Inlet, Esquimalt Harbour, Esquimalt Lagoon

(Colberg Spit), and Victoria's Inner and Outer Harbours. We need volunteers to marshal the race, help in the clubhouse with registration and dinner, and help with race package preparation etc. Contact: Bon Lee: bonklee@telus.net

Spectators: The race starts at VCKC at 9am. Course changes have been made so that the kayak, SUP and MC legs can be viewed from the Clubhouse dock. This year all small boat legs will be a mass start making for exciting, spectator friendly races. OC1 leg starts at the beach in Portage Park. Surf ski at Colberg Spit. OC6 will start and finish at ORPC dock. Come and cheer on your favourite team!

We rely on club members to make this race a success! Come out and show your support for this fun and exciting event!



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Switch Blade Relay

SWITCH BLADE PADDLESORT RELAY RACE

SUNDAY 17 MAY 2015 / VICTORIA BC
9am Start at Victoria Canoe and Kayak Club

TEAMS: Mixed only; 2 female minimum
Paddlers: 1 ocean kayak, 1 SUP,
1 tandem marathon canoe, 1 OC1,
1 surfski; and all into an OC6

COURSE:
Small boat legs: 30-45 minutes each
OC6 leg: 60-90 minutes

BOATS:
Teams are responsible for providing
their own boats.

COST: \$180 / team, includes dinner
REGISTRATION: Deadline 14 May 2015



Forms, Race Package and Information:
www.vckc.ca/switchblade

Sponsored By



CANOE PROGRAM

Over the past few weeks the VCKC Canoe program has run courses in both solo flatwater paddling and moving water. In all, 25 students participated in these courses. The solo flatwater course was special for the Club and students. Master instructors Allyson Phillips and Roger Warnatsch were running an instructor trainer clinic for the Club that weekend and helped teach the solo course. Alan Thomson was certified as an Instructor Trainer by Roger and Allyson.

The April 25th advanced tandem lakewater course will have been run and the classroom portion of the Ocean Canoeing course will have been completed by the time this goes to press. However, some great May paddling opportunities are as follows:

May 2nd-3rd is the Running of the Cows. Please contact Joe Boyd voyageur@vckc.ca for details on this annual running of the Cowichan River from Cowichan Lake to downtown Duncan.

May 14th and 19th is the Canoe Poling course. Not too late to register for this skill, not to mention fitness, enhancing course. Contact Tom Staebell thestaebellfamily@shaw.ca for details.

On May 21st the VCKC Canoe Program will be holding a quick 'intro to canoeing' lesson for 60 students from Monterey School. Whew! This is in preparation for a Class trip to Saltspring Island.

There will be no May Canoe Program Meeting.

2015 VCKC Spring Canoe Course Schedule (Contact Dan Walker, canoe@vckc.ca for details.)

Canoe Course or Activity	Date	Instructor(s)/Contact	Cost
Lakewater III	April 25	Doug Magnuson magnuson@shaw.ca and Edmond	\$25 + membership
Running of the Cowichan River	May 2-3	Joe Boyd voyageur@vckc.ca	free
Frost Free Weekend	May 9-10	Alan Thomson 3135thom@islandnet.com	free
Ocean Canoeing Course	May 16, 17 & 18 (Classroom ??)	Alan Thomson 3135thom@islandnet.com	\$100 + chart and compass if needed
Moving Water II	Will be offered if sufficient interest	Dan Walker canoe@vckc.ca	\$100 + membership
Basic Poling	May 14 & 19	Tom Staebell thestaebellfamily@shaw.ca	\$35 for flatwater, \$65 for moving water + membership
Lakewater Instructor	Will be offered if sufficient interest	Ellie James ejames123@shaw.ca	TBA

OUTRIGGER PROGRAM

Wake Up the Gorge

Wake Up the Gorge is now history and I can say that it turned out fantastic. All the volunteers that helped were superb and made the experience very pleasant and much easier for me. As a relative newcomer to VCKC, I was so impressed by all the volunteers and their enthusiasm. Darrelle Butler, our Marathon Canoe Program Director who organized the small boat

races on day 2 would agree with me that VCKC has a wonderful group of helpful people. Teams came from as far as Ontario, rounding out the number to 37 registered teams for the OC6s. Sunday had 31 small boat registrations making the two-day total 68. The financial report has not been finalized yet, but I am confident that the club will be impressed with the funds raised from the event.

OUTRIGGER PROGRAM (continued)

It was really nice to see many of the VCKC paddlers compete in Wake Up the Gorge and having fun, even though some of them are not serious competitors.

Ocean Paddler Familiarization Course

We are getting closer to having the Ocean Paddler familiarization course for all those who want to paddle on Cadboro Bay in a VCKC OC6. **The course will be on Thursday, May 7th in the evening, likely at the VCKC clubhouse.** Definite times will be announced shortly.

Alan Thomson is putting on this course for all of those interested and will discuss many things necessary to safely paddle in those waters. Some of the items that will be taught include weather, tides, currents, paddling capabilities, etc. If you have not registered yet you can do so by contacting me by email at: outrigger@vckc.ca Definite times will be announced shortly.

Because it is mandatory for all sterns/captains to be qualified to paddle VCKC's OC6s in Cadboro Bay, we have made the course "**free**". We have approximately 20 paddlers enrolled so far. Even if you are not a stern/captain, this course is very valuable and will be very beneficial to your paddling knowledge.

Other News

Some of our VCKC paddlers competed in the Barges Race this April 18th and did very well, getting a silver medal. Competitors included were Ron Williams, Norm MacDonell, Bon Lee, Dave Brar, Barry Leslie and Shawn Hamilton. These races were sprint races with a number of buoy turns and lane changes which made for great racing and spectator viewing.

Arrangements continue on to have a sterns course and I'm hoping to announce something in the next couple of weeks. Stay tuned!

DRAGONBOAT PROGRAM

WE (still really) WANT YOU!

Our teams started practicing in April, and we are still recruiting new members and seasoned paddlers. We really need more men for our mixed team!! And we also need more women for our women's teams. Please visit vckc.ca/dragonboat for schedule times or contact us by email: dragonboat@vckc.ca.

FESTIVAL UPDATES

By the time this newsletter hits your mail box, one dragon boat festival will have come and gone - AquaDetermination in Nanaimo on April 26th! VCKC sent a mixed team - Ageless Warriors competed in the 10-man boat 1000 metre race. Go paddlers go!!

Each team will decide which festivals it wants to attend. In some cases, we may send a united team comprised of interested paddlers from the various teams. Paddlers will need to pay festival cost up front before the festival can be booked. Cost per person per festival ranges from \$15 to \$55, depending on the festival. A few upcoming festivals in the neighbourhood ...

May 23	Fairway Gorge Super Sprints
July 10-12	Nanaimo
July 18	Guts 'n Glory - VCKC's own 10-person boat festival!
August 14-16	Victoria

GUTS 'n GLORY:

Mark it on your calendar! **Saturday July 18th.** **The early bird deadline is May 31st!** Please visit vckc.ca/gutsnglory for pricing and registration details.

Guts 'n Glory is VCKC's own regatta of dragonboat races with a mission to fundraise for VCKC. It's a BIG community event with the public invited. Thanks to Brittany Kohn for organizing this year's event! We need to fill many volunteer positions: set-up and take down; race positions; water and land first aid; entrance and exit security; and much more...

Please contact us at dragonboat@vckc.ca to volunteer!

VOYAGEUR PROGRAM

Paddle for the Kids 2015

On Saturday March 28th we completed the 34th Annual Paddle for the Kids in support of Camp Shawnigan. For the sixth year we took the Peninsula route from Brentwood to the clubhouse. The weather gave us some challenges. After an early upset near Brentwood Bay, we spent the morning paddling our miles in Todd Inlet. After ferrying the canoes across to Island View beach at mid-day, we were back on schedule. We completed the journey in 6 legs, and in just under 12 hours. The day was complete with a great party and slideshow at the clubhouse afterwards. A great turnout - 62 paddlers, and a great PFTK Team!

Paddle for the Kids is our annual fundraiser for BC Lions Society - Camp Shawnigan. Our efforts raise funds to provide a summer camp experience for children with disabilities.

PFTK 2015 Season by the numbers:

- 62 paddlers
- 250 linear kilometres
- 1,000 canoe kilometres
- 7,800 paddler kilometres
- \$22,000 raised for Camp Shawnigan!

Congratulations to Jana Piercy, Mavis Pillar, and Irena Jazwinski - our top 3 fundraisers. Congratulations also to Linda Thomson, our best on-line fundraiser!

Special Thanks to:

- Ocean River Sports - for providing the "New Paddle Award" this year - and every year
- Spinnakers Brew Pub - another reliable 'Every Year' sponsor
- Central Saanich Lions Club (Ron Basi - for providing having such an awesome bus; Terry Bain for making it look so easy)
- Royal Canadian Marine Search and Rescue Society (Kim Bentzon; Brentwood Bay, Sidney, and Oak Bay detachments) - they had us covered all day.

Voyageur Community Events 2015

We have some Voyageur opportunities over the next few months. These are not nearly as demanding as Paddle for the Kids, but are an opportunity to get out and have fun connecting with our community. These are annual events, and we are always able to rely on strong participation. All club members are welcome. The events are:

<i>Date</i>	<i>Event</i>	<i>Description</i>	<i>Participants Needed</i>
<i>April 25 9 am to 1 pm</i>	<i>Shoreline Cleanup</i>	<i>Paddle the Voyageur along the Gorge to Portage Inlet to collect all sorts of trash. How much abandoned furniture can you hold in a Voyageur? Be prepared to get muddy.</i>	<i>6 to 15</i>
<i>May 24 10 am to 4 pm</i>	<i>Power To Play</i>	<i>Support Power to Be by running the Voyageur leg of a 4-hour endurance race at Elk/Beaver Lake.</i>	<i>6 sterns 6 paddlers</i>
<i>Mid-June 11 am to 3 pm</i>	<i>Big Brothers Big Sisters Annual BBQ</i>	<i>Paddle the Voyager and our portable dock across to Gorge Park and give rides to young kids and families.</i>	<i>4 sterns 6 paddlers</i>
<i>July 1 8 am to 4 pm (shift work available)</i>	<i>Saanich Canada Day Picnic</i>	<i>Celebrate Canadian heritage by providing the public with Voyageur rides.</i>	<i>6 sterns 10 paddlers</i>

If you are interested and available for any of these events, please send an email to Joe Boyd at voyageur@vckc.ca

VCKC Executive

Officers

President president@vckc.ca
 Jean Chandler
 250 727-6923
Vice-president vpresident@vckc.ca
 Linda Thomson, interim
Treasurer treasurer@vckc.ca
 Anne Ardiel
 250 658-2442
Secretary secretary@vckc.ca
 Debi LaHaise
 250 388-3691
Past President pastpres@vckc.ca
 Pam Carroll
 250 479-8878

Program Directors

Canoe Program canoe@vckc.ca
 Dan Walker
 250 721-6913
Dragonboat Program dragonboat@vckc.ca
 Barbara Murray &
 Judy Leonard
 250-383-5279
Kayak Program kayak@vckc.ca
 Roy Scully
Outrigger Program outrigger@vckc.ca
 Shawn Hamilton
 250 900-0540
Marathon Canoe Program marathon@vckc.ca
 Darrelle Butler
Voyageur Program voyageur@vckc.ca
 Joe Boyd
 250 386-6004

Other Executive

Education, Standards & Safety safety@vckc.ca
 Ellie James
 250 885-8030
Membership membership@vckc.ca
 Muriel Johnson
Clubhouse and Grounds (maintenance) clubhouse@vckc.ca
 Sandy Rattray
 250 386-9144
Boat & Locker Storage storage@vckc.ca
 Derek Jenkins
Director at Large (social) director1@vckc.ca
 Bonnie McPherson
 778-265-4245
Director at Large (events& volunteers) director2@vckc.ca
 Jennifer Yee
Director at Large (events& volunteers) director3@vckc.ca
 Ryan Ovens
 250 813-0635

Executive Appointed Positions

Newsletter Editor newsletter@vckc.ca
 Maylene McMillan
Webmaster webmaster@vckc.ca
 Victoria Mann

**Note: The next deadline for submissions
for the newsletter is May 18th.**

May 2015

VCKC Events

Today
◀ ▶ May 2015 ▼

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30 Ocean Canoeing C	May 1	2
3	4	5 7:30pm VCKC Gener	6	7	8	9
10	11	12 7pm Executive Meet	13	14	15	16
17 VCKC Switch Blade	18 VCKC Newsletter D	19 7pm GWI Meeting	20	21	22	23
24	25	26	27	28	29	30
31	Jun 1 7:30pm VCKC Gener	2	3	4	5	6

Events shown in time zone: Pacific Time - Vancouver
 Google Calendar